

WHO DID YOU HELP TODAY?

“ Such a simple thing, to help someone...
we live in a busy world and can forget that helping each
other brings us together and that together
we can change lives for the better ”

We challenge you to make a difference, to do something no matter how small... to help someone else EVERY DAY for the rest of the month.

We ask you to show us and tell us what you did, to inspire others to follow... and to be inspired by YOU...

WHAT TO DO

Find us, follow us, share us on Facebook, Twitter and Instagram.

By sharing, showing and telling us what you do each day, you will become an inspiration to others. You will help us all rediscover how to truly be a community.

Join us.....and challenge New Zealanders around you – if more than 4 million of us did this everyday, imagine the difference we could make in our country.

Let's start one day at a time, each of us doing one thing to help someone else.



www.whodidyouhelptoday.org



contact@whodidyouhelptoday.org



facebook.com/whodidyouhelptodaynz



twitter.com/whodiduhelp2day



instagram.com/whodidyouhelptoday



WHO DID YOU HELP TODAY™ are trademarks of Stacey Shortall.

© 2016 WHO DID YOU HELP TODAY Trust and its licensors, all rights reserved.